

ISU Junior Grand Prix of Figure Skating 2010/2011

SBC Cup 2010

Karuizawa / JPN

September 23 – September 26, 2010

VERSION AS OF: 16.09.2010

TIME – and PRACTICE SCHEDULE

Thursday, September 23, 2010

PRACTICE

ICE DANCE – Short Dance or Free Dance (35')

10:00 - 10:35	Group 1
10:35 - 11:10	Group 2
11:10 - 11:20	Ice Resurfacing
11:20 - 11:55	Group 3
11:55 - 12:05	Ice Resurfacing

LADIES – Short Program or Free Skating (40')

12:05 - 12:45	Group 1
12:45 - 13:25	Group 2
13:25 - 13:35	Ice Resurfacing
13:35 - 14:15	Group 3
14:15 - 14:55	Group 4
14:55 - 15:05	Ice Resurfacing

MEN – Short Program or Free Skating (40')

15:05 - 15:45	Group 1
15:45 - 16:25	Group 2
16:25 - 16:35	Ice Resurfacing
16:35 - 17:15	Group 3
17:15 - 17:55	Group 4

OFF-ICE ACTIVITIES

10:45	Draw Starting Order Ladies Short Program
12:15	Draw Starting Order Ice Dance Short Dance
13:45	Draw Starting Order Men Short Program
15:00	Team Leaders Meeting
17:00	Referees and Technical Controllers Meeting
18:00	Judges Meeting and Draw
21:00	Welcome ISU and Judges Dinner

Friday, September 24, 2010

PRACTICE

ICE DANCE – Short Dance (25')

06:30 - 06:55 starting order
06:55 - 07:20 starting order
07:20 - 07:30 Ice Resurfacing
07:30 - 07:55 starting order
07:55 - 08:05 Ice Resurfacing

MEN – Short Program (30')

08:05 - 08:35 starting order
08:35 - 09:05 starting order
09:05 - 09:15 Ice Resurfacing
09:15 - 09:45 starting order
09:45 - 10:15 starting order
10:15 - 10:25 Ice Resurfacing

LADIES – Short Program (30')

10:25 - 10:55 starting order
10:55 - 11:25 starting order
11:25 - 11:35 Ice Resurfacing
11:35 - 12:05 starting order
12:05 - 12:35 starting order
12:35 - 12:50 Ice Resurfacing

COMPETITION

13:00 - 15:05 ICE DANCE – Short Dance

15:30 - 18:45 MEN – Short Program

19:15 - 22:35 LADIES – Short Program

OFF-ICE ACTIVITIES

15 min after Ice Dance Short Dance – Draw Free Dance
15 min after Men Short Program – Draw Free Skating
15 min after Ladies Short Program – Draw Free Skating

Saturday, September 25, 2010

PRACTICE

MEN – Free Skating (40')

07:00 - 07:40 starting order
07:40 - 08:20 starting order
08:20 - 08:30 Ice Resurfacing
08:30 - 09:10 starting order
09:10 - 09:50 starting order
09:50 - 10:00 Ice Resurfacing

LADIES – Free Skating (35')

10:00 - 10:35 starting order
10:35 - 11:10 starting order
11:10 - 11:20 Ice Resurfacing
11:20 - 11:55 starting order
11:55 - 12:30 starting order
12:30 - 12:40 Ice Resurfacing

ICE DANCE – Free Dance (30')

12:40 - 13:10 starting order
13:10 - 13:40 starting order
13:40 - 13:50 Ice Resurfacing
13:50 - 14:20 starting order
14:20 - 14:35 Ice Resurfacing

COMPETITION

14:45 - 18:20 MEN – Free Skating
18:45 - 22:20 LADIES – Free Skating
Victory Ceremonies
MEN
LADIES

OFF-ICE ACTIVITIES

Sunday, September 26, 2010

PRACTICE

ICE DANCE – Free Dance (30')

09:00 - 09:30 starting order
09:30 - 10:00 starting order
10:00 - 10:10 Ice Resurfacing
10:10 - 10:40 starting order

COMPETITION

12:30 - 14:45 ICE DANCE – Free Dance

**Victory Ceremony
ICE DANCE**

OFF-ICE ACTIVITIES

08:00 MEN – Round Table Discussion
09:30 LADIES – Round Table Discussion
16:30 ICE DANCE – Round Table Discussion
17:30 Skaters Closing Dinner