



World Synchronized Skating Championships® 2019, Helsinki, FIN



Thursday, April 11, 2019 - Official Practice, Main Rink

20'

	TEAM	WARM UP AREA		
		00:45		
		No	Enter	Exit
1	AUS - TEAM UNITY	A	05:45	06:30
2	AUT - TEAM SWEET MOZART	C	06:05	06:50
3	BEL - TEAM PHOENIX	E	06:25	07:10

4	CAN - TEAM NEXXICE	A	06:55	07:40
5	CAN - TEAM NOVA SENIOR	C	07:15	08:00
6	CHN - TEAM ICE PEARL	E	07:35	08:20

7	CRO - TEAM ZAGREB SNOWFLAKES	A	08:10	08:55
8	CZE - TEAM OLYMPIA	C	08:30	09:15
9	FIN - TEAM HELSINKI ROCKETTES	E	08:50	09:35

10	FIN - TEAM MARIGOLD ICE UNITY	A	09:20	10:05
11	FRA - TEAM ZOULOUS	C	09:40	10:25
12	GER - TEAM BERLIN 1	E	10:00	10:45

13	GBR - TEAM ICICLES SENIOR	A	10:35	11:20
14	HUN - TEAM PASSION	C	10:55	11:40
15	ITA - TEAM HOT SHIVERS	E	11:15	12:00

16	JPN - TEAM JINGU ICE MESSENGERS	A	11:45	12:30
17	LAT - TEAM AMBER	C	12:05	12:50
18	NED - TEAM ILLUMINATION	E	12:25	13:10

19	RUS - TEAM PARADISE	A	13:00	13:45
20	RUS - TEAM TATARSTAN	C	13:20	14:05
21	SUI - TEAM STARLIGHT	E	13:40	14:25

22	TUR - TEAM VIZYON	A	14:10	14:55
23	USA - TEAM HAYDENETTES	C	14:30	15:15
24	USA - TEAM SKYLINERS	E	14:50	15:35

	DRESSING ROOM	
	00:20	
	No	Enter
MR3	06:35	06:55
MR6	06:55	07:15
MR4	07:15	07:35

MR7	07:45	08:05
MR3	08:05	08:25
MR6	08:25	08:45

MR4	09:00	09:20
MR7	09:20	09:40
MR3	09:40	10:00

MR6	10:10	10:30
MR4	10:30	10:50
MR7	10:50	11:10

MR3	11:25	11:45
MR6	11:45	12:05
MR4	12:05	12:25

MR7	12:35	12:55
MR3	12:55	13:15
MR6	13:15	13:35

MR4	13:50	14:10
MR7	14:10	14:30
MR3	14:30	14:50

MR6	15:00	15:20
MR4	15:20	15:40
MR7	15:40	16:00

	ICE	
	0:20	
	ENTER	EXIT
	7:00	7:20
	7:20	7:40
	7:40	8:00

	8:10	8:30
	8:30	8:50
	8:50	9:10

	9:25	9:45
	9:45	10:05
	10:05	10:25

	10:35	10:55
	10:55	11:15
	11:15	11:35

	11:50	12:10
	12:10	12:30
	12:30	12:50

	13:00	13:20
	13:20	13:40
	13:40	14:00

	14:15	14:35
	14:35	14:55
	14:55	15:15

	15:25	15:45
	15:45	16:05
	16:05	16:25


Thursday, April 11, 2019 - Official Practice, Practice Rink
20'

	TEAM	WARM UP AREA		
		00:45		
		No	Enter	Exit
1	USA - TEAM SKYLINERS	B	05:45	06:30
2	USA - TEAM HAYDENETTES	D	06:05	06:50
3	TUR - TEAM VIZYON	F	06:25	07:10

4	SUI - TEAM STARLIGHT	B	06:55	07:40
5	RUS - TEAM TATARSTAN	D	07:15	08:00
6	RUS - TEAM PARADISE	F	07:35	08:20

7	NED - TEAM ILLUMINATION	B	08:10	08:55
8	JPN - TEAM JINGU ICE MESSENGERS	D	08:30	09:15
9	LAT - TEAM AMBER	F	08:50	09:35

10	BEL - TEAM PHOENIX	B	09:20	10:05
11	AUT - TEAM SWEET MOZART	D	09:40	10:25
12	AUS - TEAM UNITY	F	10:00	10:45

13	CHN - TEAM ICE PEARL	B	10:35	11:20
14	CAN - TEAM NOVA SENIOR	D	10:55	11:40
15	CAN - TEAM NEXXICE	F	11:15	12:00

16	FIN - TEAM HELSINKI ROCKETTES	B	11:45	12:30
17	CZE - TEAM OLYMPIA	D	12:05	12:50
18	CRO - TEAM ZAGREB SNOWFLAKES	F	12:25	13:10

19	GER - TEAM BERLIN 1	B	13:00	13:45
20	FRA - TEAM ZOULOUS	D	13:20	14:05
21	FIN - TEAM MARIGOLD ICE UNITY	F	13:40	14:25

22	HUN - TEAM PASSION	B	14:10	14:55
23	ITA - TEAM HOT SHIVERS	D	14:30	15:15
24	GBR - TEAM ICICLES SENIOR	F	14:50	15:35

	DRESSING ROOM	
	00:20	
	No	Go to ice
PR1	06:35	06:55
PR3	06:55	07:15
PR2	07:15	07:35

PR1	07:45	08:05
PR3	08:05	08:25
PR2	08:25	08:45

PR1	09:00	09:20
PR3	09:20	09:40
PR2	09:40	10:00

PR1	10:10	10:30
PR3	10:30	10:50
PR2	10:50	11:10

PR1	11:25	11:45
PR3	11:45	12:05
PR2	12:05	12:25

PR1	12:35	12:55
PR3	12:55	13:15
PR2	13:15	13:35

PR1	13:50	14:10
PR3	14:10	14:30
PR2	14:30	14:50

PR1	15:00	15:20
PR3	15:20	15:40
PR2	15:40	16:00

	ICE	
	0:20	
	ENTER	EXIT
		Exit DR
	7:00	7:40
	7:20	8:00
	7:40	8:20

	8:10	8:50
	8:30	9:10
	8:50	9:30

	9:25	10:05
	9:45	10:25
	10:05	10:45

	10:35	11:15
	10:55	11:35
	11:15	11:55

	11:50	12:30
	12:10	12:50
	12:30	13:10

	13:00	13:40
	13:20	14:00
	13:40	14:20

	14:15	14:55
	14:35	15:15
	14:55	15:35

	15:25	16:05
	15:45	16:25
	16:05	16:45